

# INSTRUCTIONAL POOL SCHEDULE

## Spring 2012

### MONDAY

5:00-6:15A	Open Swim
6:15-7:00A	Water Fitness
7:00-8:00A	Open Swim
8:00-9:00A	Water Fitness
9:00-9:30A	Open Swim
9:30A-2:15P	Swim Lessons ONLY
2:15-5:00P	Open Swim
5:00-8:00P	Swim Lessons ONLY
8:00-8:45P	Water Fitness
8:45-9:00P	Open Swim
9:00P	CLOSED

### TUESDAY

5:00-9:30A	Open Swim
9:30A-1:00P	Swim Lessons ONLY
1:00-5:00P	Open Swim
5:00-8:00P	Swim Lessons ONLY
8:00-9:45P	Open Swim
9:45P	CLOSED

### WEDNESDAY

5:00-6:15A	Open Swim
6:15-7:00A	Water Fitness
7:00-8:00A	Open Swim
8:00-9:00A	Water Fitness
9:00-9:30A	Open Swim
9:30A-2:15P	Swim Lessons ONLY
2:15-5:00P	Open Swim
5:00-8:00P	Swim Lessons ONLY
8:00-8:45P	Water Fitness
8:45-9:00P	Open Swim
9:00P	CLOSED

### THURSDAY

5:00A-5:00P	Open Swim
5:00-8:00P	Swim Lessons ONLY
8:00-9:00P	Open Swim
9:00P	CLOSED

### FRIDAY

5:00-6:15A	Open Swim
6:15-7:00A	Water Fitness
7:00-8:00A	Open Swim
8:00-9:30A	Water Fitness
9:30-11:30A	Swim Lessons ONLY
11:30A-5:00P	Open Swim or Fish Bowl
5:00-6:00P	Sea Turtles program
6:00-7:00P	Pool School (or Open Swim)
7:00-8:00P	Fish Bowl (or Open Swim)
8:00-9:00P	Open Swim
9:00P	CLOSED

### SATURDAY

7:00-9:00A	Open Swim
9:00A-12:00P	Swim Lessons ONLY
12:00P	CLOSED

### SUNDAY (Programs Only, no open swim)

12:00-5:45P	Sea Turtles program Block Private Lessons
5:45P	CLOSED

**Pool Temperature Average 86°-88°F**

**Pool Depth 2½-5 feet deep**

**Pool Length 30 x 50 feet**

**Hydraulic Assist Chair Provided**

**NOTE:** Children under 6 years of age participating in the swim lesson program are not permitted in the swimming pool without an adult prior to or following any swim lesson.