

STOLLE POOL SCHEDULE

Spring 2012

MONDAY

7:00-8:00A	Open Swim(1-2) Lap Swim (3)
8:00-10:00A	Water Fitness (1-2) Water Walk (3)
10:00A-12:00P	Open Swim (1-2) Lap Swim (3)
12:00-12:45P	Community Arthritis (1-2) Water Walk (3)
12:45-3:15P	Open Swim & Atrium Medical Center (1-2) Lap Swim (3)
3:15-6:15P	Open Swim (1-2) Lap Swim (3)
6:15-7:15P	Water Fitness (1-2) Walker Walk (3)
7:15-8:00P	Open Swim (1-2) Lap Swim (3)
8:00P	CLOSED

TUESDAY

7:00-8:00A	Open Swim(1-2) Lap Swim (3)
8:00-10:30A	Water Fitness (1-2) Water Walk (3)
10:30A-12:00P	Open Swim & Atrium Medical Center (1-2) Lap Swim (3)
12:00-12:45A	Community Arthritis (1-2) Water Walk (3)
12:45-4:30P	Open Swim(1-2) Lap Swim (3)
4:30-5:15P	Water Fitness (1-2) Lap Swim (3)
5:15-8:00P	Open Swim (1-2) Lap Swim (3)
8:00P	CLOSED

WEDNESDAY

7:00-8:00A	Open Swim(1-2) Lap Swim (3)
8:00-10:00A	Water Fitness (1-2) Water Walk (3)
10:00A-12:00P	Open Swim & Atrium Medical Center (1-2) Lap Swim (3)
12:00-12:45P	Community Arthritis (1-2) Atrium Medical Center until 12:30P Water Walk (3)
12:45-6:15P	Open Swim (1-2) Lap Swim (3)
6:15-7:15P	Water Fitness (1-2) Walker Walk (3)
7:15-8:00P	Open Swim (1-2) Lap Swim (3)
8:00P	CLOSED

THURSDAY

7:00-8:00A	Open Swim(1-2) Lap Swim (3)
8:00-10:30A	Water Fitness (1-2) Water Walk (3)
10:30A-12:00P	Open Swim & Atrium Medical Center (1-2) Lap Swim (3)
12:00-12:45A	Community Arthritis (1-2) Water Walk (3)
12:45-1:30P	Open Swim(1-2) Lap Swim (3)
1:30-3:15P	Open Swim & Atrium Medical Center (1-2) Water Walk (3)
3:15-4:30P	Open Swim (1-2) Lap Swim (3)
4:30-5:15P	Water Fitness (1-2) Lap Swim (3)
5:15-8:00P	Open Swim (1-2) Lap Swim (3)
8:00P	CLOSED

FRIDAY

7:00-8:00A	Open Swim(1-2) Lap Swim (3)
8:00-10:00A	Water Fitness (1-2) Water Walk (3)
10:00A-11:45P	Open Swim & Atrium Medical Center (1-2) Lap Swim (3)
11:45A-6:15P	Open Swim (1-2) Lap Swim (3)
6:15-7:15P	Water Fitness (1-2) Water Walk (3)
7:15-8:00P	Open Swim(1-2) Lap Swim (3)
8:00P	CLOSED

SATURDAY

7:00A-6:00P	Open Swim(1-2) Lap Swim (3)
6:00P	CLOSED

SUNDAY

12:00-5:45P	Open Swim(1-2) Lap Swim (3)
5:45P	CLOSED

Pool Temperature Average 87°-89°F

Pool Depth 3½-5 feet deep

Pool Length 25 yards

Hydraulic Assist Chair Provided

NOTE: As a service to our members, feel free to use the kickboards, pull buoys, flippers and hand paddles for lap swimming. If you need assistance, please ask the lifeguard.

When lap swimming is only available in the Cool Lap Pool, members wishing to use the Adult Locker rooms will need to bring a robe/cover-up and sandals to travel between the locker room and the pool. Thank you for your cooperation.